

Alabama Association for Play Therapy

OCTOBER 30, 2016/DECEMBER 19, 2016/ ALABAMA ASSOCIATION FOR PLAY THERAPY

Trauma-Informed Expressive Arts and Play Therapy with Children and Families by Cathy Malchiodi, PhD, LPAT, LPCC, ATR-BC, REAT

Cathy A. Malchiodi is an internationally recognized expert on art therapy and expressive arts therapy, and is a research psychologist, educator, arts and social science writer, and non-profit director. This event will introduce you to trauma-informed expressive arts therapy [art-based methods along with specific play-based and expressive therapies techniques] and how to apply practical strategies to your work with children, families and adults who have experienced a wide variety of traumatic events and other challenges.

AAPT is sponsoring a Workshop by Cathy Malchiodi, PhD, LPAT, LPCC, ATC-BC, REAT on Friday, January 20th, 2017 titled, "Trauma-Informed Expressive Arts and Play Therapy with Children and Families."

[About the Workshop](#)

[Learning Objectives](#)

[About The Presenter](#)

[Registration Dates, Deadlines & Fees](#)

[Volunteer Opportunities & Scholarships](#)

[Map, Parking, Lunch & Special Needs](#)

[Cancellation Policy & Refunds](#)

[Continuing Education & AAPT Membership](#)

[Questions?](#)

Workshop Title

**Trauma-Informed Expressive Arts and Play Therapy
with Children and Families**

Presenter

Cathy Malchiodi, PhD, LPAT, LPCC, ATC-BC, REAT (see [**About the Presenter**](#))

[**Return to top**](#)

Date

Friday, January 20th, 2017

Location

Samford University
Pete Hanna Center
800 Lakeshore Drive
Birmingham, AL 35229

[**Return to top**](#)

About The Workshop

This event will enhance your skills with children, adolescents, and adults and increase your practical knowledge of how to apply expressive arts therapies and play therapy. In particular, it will introduce you to trauma-informed expressive arts therapy [art-based methods along with specific play-based and expressive therapies techniques] and how to apply practical strategies to your work with children,

families and adults who have experienced a wide variety of traumatic events and other challenges. Trauma-informed work is based on best evidence-based practices that are enhanced by specific applications, creative interventions, and brain-wise approaches.

[Return to top](#)

Workshop Agenda

- 8am – 8:30am ~ Registration/Coffee
- 8:30am – 12:00 pm ~ Workshop Session
- 12:00pm – 1pm ~ Lunch (provided)
- 12:45pm – 1pm ~ Business Meeting (all encouraged to attend)
- 1pm – 4:00pm ~ Workshop Session

[Return to top](#)

Learning Objectives

After attending this workshop, participants will be able to:

1. Define at least 5 aspects of trauma-informed play therapy practice
2. Define at least 5 components of trauma-informed art therapy and play therapy
3. Define 3 ways play therapy can become a trauma-informed approach
4. Identify at least 2 art and play-based interventions to establish safety
5. Identify at least 2 art and play-based interventions for self-regulation
6. Define how neurodevelopment is related to the “expressive therapies continuum” in an art and play therapy practice

[Return to top](#)

About The Presenter

Cathy A. Malchiodi, PhD, ATR-BC, LPCC, LPAT, REAT, is an art therapist, expressive arts therapist and clinical mental health counselor as well as a recognized authority on art therapy with children, adults, and families. She has given more than 400 presentations on art therapy and has published numerous articles, chapters, and books, including *Understanding Children’s Drawings*, *Handbook of Art Therapy*, Second Edition, and *Creative Interventions with Traumatized Children*, Second Edition. Dr. Malchiodi is a visiting professor at universities in the United States and internationally and is the founder and

executive director of Trauma-Informed Practices and Expressive Arts Therapy Institute. She has worked with a variety of community, national and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, medical illness, and prevention. Dr. Malchiodi has served on the boards of many professional organizations including the American Counseling Association, Art Therapy Without Borders, American Art Therapy Association, and Association for Humanistic Counseling; she currently serves on the journal editorial boards of Arts in Psychotherapy, Creative Arts in Education and Therapy (China), and Academic Journal of Creative Art Therapies (Israel). A passionate advocate for the role of the arts in health, Dr. Malchiodi is a blogger for Psychology Today with a readership of 3.5 million.

Visit **Dr. Malchiodi's website (<http://www.cathymalchiodi.com/>)** for more information about her work.

[Return to top](#)

Registration

- Seating is limited so register early.
- Spaces are not guaranteed until your registration is processed.
- Save \$\$ with Early Bird registration (via Online or Postal Mail registration).

Payment Options

- Registration is available Online, via Postal Mail, and On-site
- Online Registration Payments are processed via PayPal.
 - **Please note:** This is a secure process and **does NOT require a PayPal account.**
- For registration by Postal Mail: download, fill out, and send registration form and payment to the address provided on form. **[Click here to download mail-in Registration Form \(http://wp.me/a51UOH-dZ\)](http://wp.me/a51UOH-dZ)** >>
 - Check or money order only if registering by Postal Mail.
 - **Purchase Orders are not accepted.**

Deadlines

- **January 13, 2017** ~ Postal Mail registration must be postmarked by this date. NOTE: Rates go up \$20 after Friday, January 13th, 2017.
- **January 16, 2017** (end of day, midnight) ~ Online Registration will be closed.
- **January 20, 2017** ~ On-site Registration, participants can register at workshop location on the morning of.

Workshop Fees

Early Bird registration discount of \$20 is applied to Online Registrations and Postal Mail registrations postmarked as specified (see **Deadlines** above).

- **AAPT/APT Member**
 - \$130 ~ Early Bird Registration **Buy Now** (https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted_button_id=9F5LOJ6NHW5UG)
 - \$150 ~ On-site Registration
- **Non-Member**
 - \$160 ~ Early Bird Registration **Buy Now** (https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted_button_id=H8VAML6ZYC96U)
 - \$180 ~ On-site Registration
- **Full-time Students**
 - \$105 ~ Early Bird Registration **Buy Now** (https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted_button_id=WML9NVOHWKWS4)
 - \$125 ~ On-site Registration

Group Discount

- \$10.00 discount, per registrant, for groups of 3 or more.
- Please specify if registering as a group and identify group members and affiliation.
- Group discount is available by Postal Mail or Online.



* Please contact Maura at mlpratt70@gmail.com (<mailto:mlpratt70@gmail.com>) with a list of 1.) names and 2.) email addresses of all the attendees in your group.

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[Return to top](#)

Volunteer Opportunities / Scholarships

Scholarships will be offered to full-time students who can be available Thursday evening and Friday prior to and during the conference.

Interested applicants may access the volunteer application on our website. For questions concerning this opportunity, contact **Kathryn Blackwell**:

- KBlackcat@aol.com

[Return to top](#)

Additional Notes

Parking

Workshop participants can park in the visitor spaces near the Pete Hanna Center at Samford University or in the West Parking Deck (#19). Watch for the AAPT signs to guide you to parking and entrance into the workshop.

Lunch

LUNCH WILL BE PROVIDED from 12:00-1:00. Everyone is welcome to attend our business meeting from 12:45- 1:00.

Special Needs

For special needs, contact **Maura Pratt**(Registration and CE Coordinator):

- (334) 868-8290
- mlpratt70@gmail.com

Or contact **Katie McKeen**(Registration and CE Coordinator):

- (334) 303-1468
- mckeenpa2010@gmail.com

[Return to top](#)

Map & Driving Directions

[Sign in](#)

Samford University

800 Lakeshore Dr, Birmingham, AL
35229

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[**Return to top**](#)

Cancellation Policy & Refunds

Registrants canceling up to 48 hours before a workshop will receive a tuition refund less a \$20 administrative fee, or if requested, a voucher good for one year for a future workshop.

All requests must be made in writing or by email. **No refunds issued for any reason after date of workshop.**

In the unlikely event the workshop cannot be held, registrants will receive complimentary admission to a rescheduled workshop or a full value voucher, good for one year, for a future workshop.

[Return to top](#)

Continuing Education

Six (6) Contact Hours will be provided for a full day of attendance. No certificate of attendance will be given before the workshop is completed. No partial credit will be awarded.

Counselors

Alabama Association for Play Therapy (AAPT) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6211. Programs that do not qualify for NBCC credit are clearly identified. Alabama Association for Play Therapy is solely responsible for all aspects of the programs.



Play Therapists

AAPT is approved by the **Association for Play Therapy (APT)** to offer continuing education specific to Play Therapy. APT Approved Provider No. 98-045.

Marriage and Family Therapists

The Alabama Board of Examiners in Marriage and Family Therapy (ABEMFT) automatically approves courses that are NBCC approved for CE credit.

Social Workers

The Alabama Association for Play Therapy (AAPT) is recognized by the **Alabama State Board of Social Work Examiners (ASBSWE)** to offer continuing education for social workers. ASBSWE Provider No. 0284.

Membership

If you are interested in membership, please send a separate check made out to APT, along with your completed membership application, for dual membership in:

1. **APT** (Association for Play Therapy Association, Inc.), and
2. **AAPT** (Alabama Association for Play Therapy)

Membership applications and instructions **are available online (https://a4pt.site-ym.com/general/register_member_type.asp?)** or from membership chairperson **Stephanie Bales**:

- stephbales@gmail.com

Questions?

For **GENERAL INQUIRIES** about this workshop, contact **Heather Hardeman**:

- (205) 222-0728
- HeatherHardeman@gmail.com

For **REGISTRATION QUESTIONS**, contact **Maura Pratt**:

- (334) 868-8290
- mlpratt70@gmail.com

Or contact **Katie McKeen(Registration and CE Coordinator)**:

- (334) 303-1468
- mckeenpa2010@gmail.com

Posted in [Announcements](#), [Mental Health CEUs](#), [Play Therapy Training](#)/Tagged [Training](#), [Workshop](#)

