



### **Dr. Malchiodi**

is an art therapist, expressive arts therapist and clinical mental health counselor as well as a recognized authority on art therapy with children, adults, and families.

She has given more than 400 presentations on art therapy and has published numerous articles, chapters, and books, including *What to Do When Children Clam Up in Psychotherapy*, *Understanding Children's Drawings*, *Handbook of Art Therapy* (2nd ed.), *Trauma-Informed Practices with Children and Adolescents*, *Creative Arts and Play Therapy for Attachment Problems*, and *Creative Interventions with Traumatized Children* (2nd ed.).

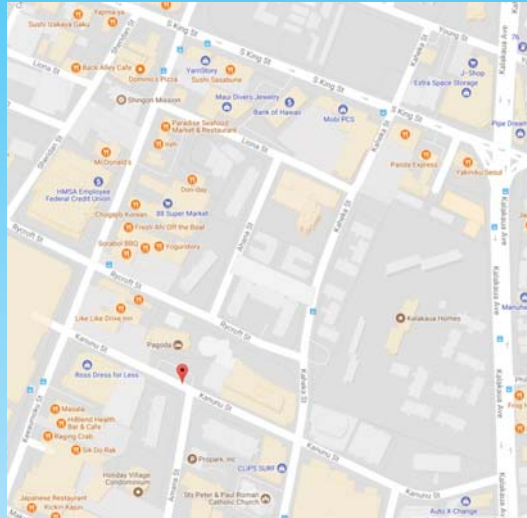
Dr. Malchiodi is a visiting professor at universities in the United States and internationally and is the founder and executive director of Trauma-Informed Practices and Expressive Arts Therapy Institute. She has worked with a variety of community, national and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, medical illness, and prevention.

Dr. Malchiodi has served on the boards of many professional organizations including the American Counseling Association, Art Therapy Without Borders, American Art Therapy Association, and Association for Humanistic Counseling; she currently serves on the journal editorial boards of *Arts in Psychotherapy*, *Creative Arts in Education and Therapy* (China), and *Academic Journal of Creative Art Therapies* (Israel). A passionate advocate for the role of the arts in health, art therapy and expressive arts, Dr. Malchiodi is a blogger for *Psychology Today* with a readership of over 4 million.

### Conference Venue

#### **Pagoda Hotel**

1525 Rycroft St, Honolulu, HI 96814  
Worldwide Reservations: 808.954.7423  
Toll-Free US/Canada Reservations: 866.536.7977  
Hotel Direct: 808.941.6611  
Email: [reservations@pagodahotel.com](mailto:reservations@pagodahotel.com)



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#### Force Majeure

HAPT reserves the right to cancel this conference in the event of unforeseen circumstances or natural disasters. If there is a cancellation, HAPT will make every attempt to notify registrants as expeditiously as possible. In this event, HAPT's reasonable expenditures will be deducted from the collected registration fees and the remainder will be refunded to registrants.



## **20th Annual Conference**

# **Trauma-Informed Expressive Arts and Play Therapy Level One**

**Cathy A. Malchiodi, PhD,  
ATR-BC, LPCC, LPAT, REAT**

**Thursday, February 22, 2018  
Friday, February 23, 2018  
Saturday, February 24, 2018**

**Pagoda Hotel  
1525 Rycroft Street, Honolulu**

APT Provider #99-053

## Conference Schedule

8:00am ~ Check-in/Continental Breakfast  
8:30am ~ Welcome and Information  
9:00am ~ Presentation  
10:30am ~ Morning Break  
10:45am ~ Presentation Continues  
12:00pm ~ Lunch (Included)  
1:00pm ~ Presentation Continues  
2:30pm ~ Afternoon Break  
2:45pm ~ Presentation Continues  
4:00pm ~ Presentation Ends

## Continuing Education

This event is co-sponsored by the HAPT and The Institute for Continuing Education. Each day's program offers 6.00 contact hours, with full daily attendance required. CE credit is offered for: Psychology (APA); Social Work (ASWB Provider 1007); Nursing (CA Board Nursing provider CEP 12646); Play Therapy (APT provider 98-040); Counseling: for counselors seeking credit, The Institute will make a co-sponsorship application to NBCC for this program. CE applications and other materials will be available on site. Applicants will need to pay a \$25 CE processing fee, due with each CE application submitted. If you have questions regarding continuing education, program, speaker, grievance issues, please contact The Institute for Continuing Education at: [instconted@aol.com](mailto:instconted@aol.com).

## Join APT & HAPT

Joining HAPT now gets you a discount on this conference and other trainings. It also enables you to grow professionally through association newsletters, journals, networking, and peer consultation. Go to [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net) to download the membership application, or join online at the Association for Play Therapy (APT) website at [www.a4pt.org](http://www.a4pt.org).

## Description

Trauma-informed expressive arts and play therapy integrates neurodevelopmental knowledge and the sensory qualities of the arts in trauma including the following: 1) how the mind and body respond to traumatic events; 2) recognition that symptoms are adaptive coping strategies rather than pathology; 3) emphasis on cultural sensitivity and empowerment; and 4) helping to move individuals from being not only survivors, but ultimately to becoming "thrivers" through skill building, support networks, and resilience enhancement. During this three-day course, participants will learn how to apply expressive arts within the framework of play therapy with children, adolescents and families, with an emphasis on neurodevelopment; the importance of safety and the window of tolerance in creative intervention; self-regulation approaches; body-resourcing; and the role of resilience and posttraumatic growth in trauma reparation and recovery. Attendees will experience a variety of creative interventions in order to learn how to integrate these approaches in work with traumatized children, youth, families and groups.

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### **Participants attending all 3 days will get a Trauma Informed Expressive Arts Therapy Level 1 Certificate.**

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#### **Day One - Thursday, February 22, 2018**

Introduction to Trauma-Informed Expressive Arts and Play Therapy: Basic Concepts

#### **Day Two - Friday, February 23, 2018**

Trauma-Informed Expressive Arts and Play Therapy: Resilience and Resourcing

#### **Day Three - Saturday, February 24, 2018**

Trauma-Informed Expressive Arts and Play Therapy: Creative Group Approaches

## Registration Information

Early Registration deadline: February 1, 2018. Submit your registration before February 15, 2018 by registering online at [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net). Online transactions are secured through PayPal. Written notification of cancellation must be received by February 1, 2018 for a full refund. A 75% refund is available until February 15, 2018. No refund will be given after this date.

Registrants must register for either the first two days or for the full 3 days. There is not an option for single day registration. Those attending the full three days will receive the certificate. Registration includes: beginner, foundational to advanced training to apply the therapeutic power of play, daily continental breakfast and networking lunch. Vegetarian/guluten-free options will be available upon request. All handouts will be provided electronically.

**Questions?** Contact Lindsay Bottoms at [lindsaybottoms@yahoo.com](mailto:lindsaybottoms@yahoo.com)

## Registration Rates

### **Nonmember rate**

\$240 for 2 days plus \$100 registration fee  
\$295 for 3 days plus \$100 registration fee

### **Member rates**

\$240 for 2 days (no registration fee)  
\$295 for 3 days (no registration fee)

### **Non-member group rate**

*(5 or more people from same organization)*  
\$240 for 2 days plus \$75 registration fee  
\$295 for 3 days plus \$75 registration fee

### **Neighbor island member rates**

\$225 for two days / \$275 for three days

### **Student rate**

\$100 for two days / \$125 for three days